

# Take a proactive approach to your dog's **aging plan!**

We love our dogs and want to ensure that they have long and healthy lives.

However, as our dogs age, they may become more susceptible to a variety of health-related changes cognitively, physically, and socially.

By taking a proactive approach to your dog's aging, you can help them live a long and healthy life and make their senior years as vibrant and enjoyable as possible.

Your veterinary professional team is a great resource to help you develop and manage your dog's aging plan.

**You may be wondering  
where to start and which  
questions to ask...**



**What kind of behavioral changes can I expect as my dog ages?**

**What can I do to help my senior dog maintain a healthy weight?**

**What kind of exercise is appropriate for my senior dog?**

**What kind of health problems are common in aging dogs, and how can I watch for them?**

**How can I tell if my dog is experiencing hearing or vision loss due to aging?**

**What kind of grooming needs should I be aware of for my senior dog?**

**Are there any preventative measures I can take to help my senior dog avoid age-related diseases?**

**How can I ensure that my senior dog gets enough mental stimulation?**